Donning and Removing Personal Protective Equipment (PPE) DONNING PPE

Type of PPE used will vary based on the level of precautions required, e.g., Standard and Contact, Droplet or Airborne Isolation Precautions

GOWN

- Fully cover torso from neck to knees, arms to end of wrist, and wrap around the back
- Fasten in back at neck and waist

MASK OR RESPIRATOR

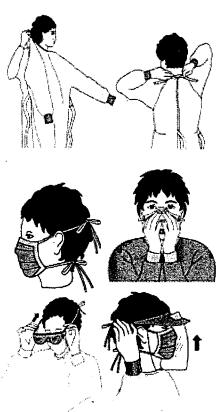
- Secure ties or elastic band at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator

GOGGLES/FACE SHIELD

Put over face and eyes and adjust to fit

GLOVES

Extend to cover wrist of isolation gown



SAFE WORK PRACTICES

- Keep hands away from face
- Limit surfaces touched
- Change when torn or heavily contaminated
- Perform hand hygiene

REMOVING PPE

Remove PPE at doorway before leaving patient room or in anteroom; remove respirator outside of room

GLOVES

- Outside of gloves are contaminated!
- Grasp outside of glove with opposite gloved hand; peel off
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist

GOGGLES/FACE SHIELD

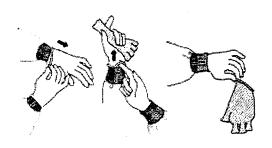
- Outside of goggles or face shield are contaminated!
- To remove, handle by "clean" head band or ear pieces
- Place in designated receptacle for reprocessing or in waste container

GOWN

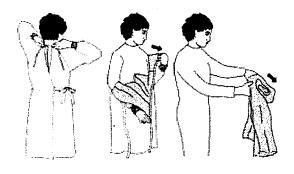
- Gown front and sleeves are contaminated!
- Unfasten neck, the waist ties
- Remove gown using a peeling motion; pull gown from each shoulder toward the same hand
- Gown will turn inside out
- Hold removed gown away from body, roll into a bundle and discard into waste or linen receptacle

MASK OR RESPIRATOR

- Front of mask/respirator is contaminated DO NOT TOUCH!
- Grasp bottom then top ties/elastics and remove
- Discard in waste container









HAND HYGIENE

Perform immediately after removing all PPE!